

Autumn 2018

Choose our **daily packed lunch** with a sandwich or roll with a range of fillings, healthy snack, home baked cake and piece of fruit.

w/c 3rd Sept, 24th Sept, 15th Oct, 5th Nov, 26th Nov, 17th Dec

WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato Pasta Bake ✓ with garlic bread Pork Sausage ▲ with mash & gravy	Vegetarian Lancashire Hotpot ✓ Spaghetti Bolognese ▲ With garlic bread	Vegetable & Bean Wrap ✓ Roast Turkey ▲ with stuffing, potatoes & gravy	Sweet Potato & Chickpea Curry ✓ with wholegrain rice Chicken Wrap ▲	Mac & Cheese Open Burger ✓ with coleslaw Fish Fingers with chips

A selection of cold dessert choices will be available each day to include: fresh fruit platter, yogurts and home bakes.

w/c 10th Sept, 1st Oct, 22nd Oct, 12th Nov, 3rd Dec

WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese & Bean Wrap ✓ with fresh salad Sticky Chicken ▲ With savoury rice	Cheese, Leek & Potato Pie ✓ With baked beans Chilli Con Carne ▲ With baked wedges	Quorn Toad in the Hole ✓ with gravy & potatoes Roast Chicken ▲ With stuffing, gravy & potatoes	Veggie Lasagne ✓ Quiche Lorraine ▲ with fresh salad	Chickpea Burger ✓ With coleslaw Fish Fingers with chips

A selection of cold dessert choices will be available each day to include: fresh fruit platter, yogurts and home bakes.

w/c 27th Aug, 17th Sept, 8th Oct, 29th Oct, 19th Nov, 10th Dec

WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday
Veggie Bolognese ✓ with wholemeal pasta Chicken Curry ▲ with wholegrain rice	Roasted Vegetable Omelette ✓ Pork Sausage Casserole ▲	Tomato & Basil Penne Pasta ✓ Beef & Vegetable Pie ▲ with mash	Sweet Potato & Bean Chilli ✓ with wholegrain rice BBQ Chicken Burrito ▲	Quorn Meatball Sub ✓ with homemade tomato sauce Fish Fingers with chips

A selection of cold dessert choices will be available each day to include: fresh fruit platter, yogurts and home bakes.

We offer seasonal vegetables, bread, yoghurt and fruit daily. (allergy information is available)

Served Daily

A baked jacket potato with a choice of toppings

Option 5a



▲ Meat
 ✓ Veggie
 ◆ Jacket Potato
 ■ Packed Lunch

Aspens

BUBBLE