

Supporting families to live happier lives

## What's on at our Family Hubs

## Come along and join us for a range of free activities this term.

Activities on a budget: Here we will share low-cost activities that you can recreate at home using everyday items found in the cupboard. Come along to our stay and play to meet new people and build connections. Upcoming dates: (*Please call to book your place*)

Saturday 30th September @ East Locality Hub, Silver Court, Brownhills, WS8 6HA (10.30-11.30am) Tel: 01922 658300

Saturday 18th November @ West Locality Hub, Illmington House, Crescent Road, WS10 8AE (10.30-11.30am) Tel: 01922 652959

Sensory session: Come along and join us for a sensory session, get messy and explore those senses. Upcoming dates: (Please call to book your place)

Saturday 14th October @ South and Central Hub, Birchills Street, WS2 8NG (10.30-11.30am) Tel: 01922 646574

Saturday 2<sup>nd</sup> December @ North Locality Hub, 275 Blakenall Lane, WS3 1HJ (10.30-11.30am) Tel: 01922 476698

Emotion, anxiety and send workshop: Do you need support with managing your child's emotion, anxiety and send needs? This is a workshop for parents/carers with children aged 0 - 5 years old. Upcoming dates:

Saturday 30 September @ @ East Locality Hub, Silver Court, Brownhills, WS8 6HA (12.00 - 15.00)

Saturday 18th November @ West Locality Hub, Illmington House, Crescent Road, WS10 8AE - (10.30-11.30am)

To book on you can email: Early Help Parenting Team EarlyHelpParentingTeam@walsall.gov.uk with your name, postcode and email.

Fathers workshop: Come along to our fathers workshop for an opportunity to meet other dads and share your journey. The Group will allow an open, safe and fun space for you to talk to others dads, access information, training and further support networks. Upcoming dates:

Saturday 25th November @ South and Central Hub, Birchills Street, WS2 8NG (10.00-13.00)

Saturday 9th December @ West Locality Hub, Illmington House, Crescent Road, WS10 8AE - (10.30-11.30am)

To book on you can email: Early Help Parenting Team EarlyHelpParentingTeam@walsall.gov.uk with your name, postcode and email.

