









Y1 PE Implementation

These statements are used to assess the impact our teaching intention and the progress of children during their learning journey.

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
					
<p>I can throw and catch a ball using the correct action.</p> <p>I can use an underarm and throw for a small ball and a chest pass for a large ball.</p> <p>I can participate in throwing and catching games.</p> <p>I can perform on my own and cooperate with others.</p>	<p>I can read and follow a simple map.</p> <p>I can use and understand the correct vocabulary Clockwise/Anti-clockwise/Turn Forwards/Backwards Left/Right when giving directions.</p> <p>Use the correct grip on the hockey stick.</p> <p>I can move and pass ball with a hockey stick.</p> <p>I can take part in simple competitions</p>	<p>I can use simple movement patterns including high/low slow/fast when performing a dance.</p> <p>I can run at a steady pace for a prolonged time to improve my stamina.</p> <p>I can take part in races as part of a team.</p>	<p>I can perform simple gymnastic movements showing flexibility and control.</p> <p>I know how to perform safely in gymnastics.</p> <p>I know why fitness is important to being healthy.</p> <p>I can perform activities that promote stamina, flexibility, strength, speed and agility.</p>	<p>I can strike the ball with a bat.</p> <p>I can throw a ball underarm to bowl and field.</p> <p>I know how to score a rounder.</p> <p>I can participate in a small game using some of the correct rules and scoring.</p>	<p>I can develop my running, throwing and jumping abilities.</p> <p>I can engage in competitive activities with others for distance and time.</p> <p>I can perform athletic events safety.</p>
<p>I use rules fairly.</p> <p>I can participate individually, in pairs and small groups.</p> <p>I show an awareness of my own and others safety.</p>					

