



## Y1 PE Implementation

These statements are used to assess the impact our teaching intention and the progress of children during their learning journey.

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Ball Skills 	Orienteering/directions Hockey 	Dance/Cross country 	Gymnastics/Fitness 	Rounders 	Athletics 
<p>I can <b>throw</b> and <b>catch</b> a ball using the correct action.</p> <p>I can use an <b>underarm</b> and throw for a small ball and a <b>chest pass</b> for a large ball.</p> <p>I can participate in <b>throwing</b> and <b>catching</b> games.</p> <p>I can perform on my own and cooperate with others.</p>	<p>I can read and follow a simple <b>map</b>.</p> <p>I can use and understand the correct vocabulary <b>Clockwise/Anti-clockwise/Turn Forwards/Backwards Left/Right</b> when giving directions.</p> <p>Use the correct <b>grip</b> on the hockey stick.</p> <p>I can <b>move</b> and <b>pass</b> ball with a hockey stick.</p> <p>I can take part in simple <b>competitions</b></p>	<p>I can use simple <b>movement patterns</b> including <b>high/low slow/fast</b> when performing a dance.</p> <p>I can run at a steady <b>pace</b> for a prolonged time to improve my <b>stamina</b>.</p> <p>I can take part in <b>races</b> as part of a <b>team</b>.</p>	<p>I can perform simple gymnastic movements showing <b>flexibility</b> and <b>control</b>.</p> <p>I know how to perform <b>safely</b> in gymnastics.</p> <p>I know why <b>fitness</b> is important to being <b>healthy</b>.</p> <p>I can perform activities that promote <b>stamina, flexibility, strength, speed and agility</b>.</p>	<p>I can strike the ball with a <b>bat</b>.</p> <p>I can throw a ball underarm to <b>bowl</b> and <b>field</b>.</p> <p>I know how to score a <b>rounder</b>.</p> <p>I can participate in a small game using some of the correct <b>rules</b> and <b>scoring</b>.</p>	<p>I can develop my <b>running, throwing</b> and <b>jumping</b> abilities.</p> <p>I can engage in competitive activities with others for <b>distance</b> and <b>time</b>.</p> <p>I can perform athletic events <b>safely</b>.</p>
<p>I use rules fairly.</p> <p>I can participate individually, in pairs and small groups.</p> <p>I show an awareness of my own and others safety.</p>					

