



KS1 PE Overview

All our physical education is supported and enriched by Sports Plus

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y1	Ball Skills	Orienteering/ Directions Hockey	Cross County Dance	Fitness Gymnastics	Rounders	Athletics
Y2	Ball Skills	Basketball	Fitness Dance	Tennis Gymnastics	Cricket	Athletics